


INFORMAȚII PERSONALE

Adelaida (Marcu) Avino

 Bulevardul Iuliu Maniu, București, 061072, România 

adelaida.avino@gmail.com

Sexul F | Naționalitatea română

EXPERIENȚA PROFESIONALĂ

03/2022-Prezent

Medic Specialist in Chirurgie Plastică, Estetică și Microchirurgie Reconstructivă
Spitalul Clinic de Urgență „Prof. Dr. Agrippa Ionescu”

01/01/2017-
01/03/2022

Medic Rezident in Chirurgie Plastică, Estetică și Microchirurgie Reconstructivă
Spitalul Clinic de Urgență „Prof. Dr. Agrippa Ionescu”

01/03/2021-Prezent

Asistent Universitar pe perioadă determinată - Chirurgie Plastică, Estetică și Microchirurgie Reconstructivă
Facultatea de Medicină, UMF Carol Davila, București
Spitalul Clinic de Urgență „Prof. Dr. Agrippa Ionescu”

EDUCAȚIE ȘI FORMARE

01/10/2019-Prezent

Student Doctorand - Chirurgie Plastică, Estetică și Microchirurgie Reconstructivă

Scoală Doctorală, UMF Carol Davila, București

01/10/2010–30/06/2016

Doctor Medic

Facultatea de Medicină, UMF Carol Davila, București

15/09/2006–25/06/2010

Studii liceale

"Alexandru Lahovari" National College, Ramnicu-Valcea

COMPETENTE PERSONALE

Limba(i) maternă(e)

română

Alte limbi străine cunoscute

	INTELEGERE		VORBIRE		SCRIERE
	As ultare	Citare	Participare la conversație	Discurs oral	
Engleză	B2	B2	B2	B2	B2
Italiană	B2	B2	B2	B2	B2

Scrieți denumirea certificatului. Scrieți nivelul, dacă îl cunoașteți.

Niveluri: A1/A2: Utilizator elementar - B1/B2: Utilizator independent - C1/C2: Utilizator experimentat
[Cadru european comun de referință pentru limbi străine](#)

Competențe de comunicare

O bună capacitate de comunicare, spirit de echipă.

Competențe organizaționale/manageriale	<ul style="list-style-type: none"> ▪ Presedintele Societatii Studentilor in Medicina din Bucuresti (2014-2015) ▪ Presedintele Federatiei Asociatilor Studentilor Medicinisti din Romania (2014-2015)
Competențe dobândite la locul de muncă	Compasiune si empatie. Auto-control sub aspectafectiv.Etică.
Competențe digitale	Bunăcunoaștereainstrumentelor Microsoft Office™ (Word, Excel, PowerPoint, Access), limbaj de programare, calcultabelar, software pentruprezentări, programepentrugraficăși statistică.
Permis de conducere	B

INFORMATII SUPLIMENTARE

Publicații

Avino A, Răducu L, Tulin A, et al. *Vaginal Reconstruction in Patients with Mayer-Rokitansky-Küster-Hauser Syndrome-One Centre Experience*. Medicina (Kaunas). 2020;56(7):327.

Avino A, Răducu L, Brîndușe LA, Jecan CR, Lascăr I. *Timing between Breast Reconstruction and Oncologic Mastectomy-One Center Experience*. Medicina (Kaunas). 2020;56(2):86.

Răducu L, **Avino A**, Purnichescu Purțan R, et al. *Quality of Life in Patients with Surgically Removed Skin Tumors*. Medicina (Kaunas). 2020;56(2):66.

Radu-Iulian, Spătaru; **Adelaida, Avino**; Dan-Alexandru, Ioșsa; Monica, Ivanov; Dragos, Serban; Florentina, Tomescu L.; Cătălin, Cirstoveanu. 2020. "Caudal Duplication Syndrome Systematic Review—A Need for Better Multidisciplinary Surgical Approach and Follow-Up." *Medicina* 56, no. 12: 650.

Răducu L, **Avino A**, Cozma CN, Balcangiu-Stroescu AE, Timofte D, Tănăsescu MD, Bălan DG, Jecan CR, Ionescu D. *Open Carpal Tunnel Release: Performed Axillary Brachial Plexus Block Versus Wide Awake*. Rev.Chim.(Bucharest), 70, No. 5, 2019, p. 1637-1638.

Răducu L, **Avino A**, Cozma CN, Nedelea S, Balcangiu-Stroescu AE, Tănăsescu MD, Bălan DG, Timofte D, Jecan CR, Ionescu D. *Multidisciplinary Approach of a Very Rare Infected Verrucous Carcinoma of the Scrotum*. Rev.Chim.(Bucharest), 70, No. 4, 2019, p. 1476-1478.

Avino A, Cozma CN, Balcangiu-Stroescu AE, Tănăsescu MD, Bălan DG, Timofte D, Stoicescu SM, Hariga CS, Ionescu D. *Our Experience in Skin Grafting and Silver Dressing for Venous Leg Ulcers*. Rev.Chim (Bucharest), 70, No. 2, 2019, p. 742-744

Avino A, Jecan CR, Cozma CN, Gheoca-Mutu DE, Balcangiu-Stroescu AE, Tănăsescu MD, Ionescu D, Răducu L. *A Silent Myocardial Infarction in a Diabetic Patient after Partial Foot Amputation: Case Report and Review of the Literature*. Romanian Medical Journal, 66, No.1, 2019, p. 45-49.

Cozma CN, **Avino A**, Balcangiu-Stroescu AE, Bălan DG, Tănăsescu MD, Timofte D, Sinescu DR, Stoicescu SM, Ionescu D. *Textured Breast Implants And Anaplastic Large Cell Lymphoma*. Mat. Plast., 56, No.1, 2019, p. 71-72.

Avino A, Jecan CR, Cozma CN, Balcangiu-Stroescu AE, Bălan DG, Ionescu D, Mihai A, Tănase M, Răducu L. *Negative Pressure Wound Therapy Using Polyurethane Foam in a Patient with Necrotizing Fasciitis*. Mat. Plast., 55, No. 4, 2018, p. 603-605.

Cozma CN, Răducu L, **Avino A**, Scăunasu RV, Bratu O, Dragos MR, Jecan CR. *A rare case of vulvar squamous cell carcinoma - case presentation*. J Clin Invest Surg, 2018, 3(1): 32-36.

Răducu L, Cozma CN, Balcangiu-Stroescu AE, Panduru M, **Avino A**, Tănăsescu MD, Bădita DG, Jecan CR. *A Rare Case of a Lower Lip Merkel Cell Carcinoma Diagnosis and Treatment*. Rev.Chim. (Bucharest), 69, No. 2, 2018, p. 354-357.

Jecan CR, Cozma CN, **Avino A**, Răducu L. *Our experience in arteriovenous fistulas in diabetic patients*. ISI Proceedings Interdiab Conference March 2018.

Răducu L, Cozma CN, BalcangiuStroescu AE, **Avino A**, Tănăsescu MD, Bălan DG, Jecan CR. *Our experience in Chronic Wound Care with Polyurethane Foam*. Rev.Chim. (Bucharest), 69, No. 3, 2018, p. 585-586.

Prezentări

Avino A, Gheoca-Mutu DE, Marina CN, Răducu L, Jecan CR -*Raising Awareness of Multidrug-Resistant Bacteria Infections in Patients Admitted to the Plastic Surgery Department*. Virtual Plastic Surgery – The Meeting 2020

Avino A, Gheoca-Mutu DE, Marina CN, Răducu L, Jecan CR - *Multidrug Resistance in Bacteria in Patients Admitted to the Plastic Surgery Department - One Center Study* Virtual Congres UMF "Carol Davila" 2020

Avino A, Gheoca-Mutu DE, Marina CN, Răducu L, Jecan CR: *Silver dressing – a new innovative adjuvant method for chronic ulcers*. Congresul UMF "Carol Davila" 2019.

Gheoca-Mutu DE, **Avino A**, Raducu L, Jecan CR, Filipoiu FM. *Contributions to the anatomical study of the temporal, frontal and periorbital regions*. EASAPS Biennial Meeting on Facial Rejuvenation.

Răducu L, Cozma CN, **Avino A**, Purchinescu-Purtan R, Hariga CS, Mehedintu-Ionescu M, Sinescu RD, Jecan CR. *Thermographic Camera, a new Tool for Evaluating Diabetic foot Syndrome*. ASPS – Plastic Surgery The Meeting (2019).

Răducu L, **Avino A**, Gheoca-Mutu DE, Marina CN, Jecan CR. *The Plastic Surgeon's approach for Stevens-Johnson syndrome – a case report*. Congresul UMF "Carol Davila" 2019.

Gheoca-Mutu DE, Răducu L, **Avino A**, Filipoiu FM. *Applied anatomy of the temporal region for injectable dermal fillers*. Al XIX-lea Congres al Federatiei Internationale a Asociatilor Anatomistilor

Avino A, Răducu L, Marina CN, Sinescu-Băltăteanu RD, Jecan CR. *Comparative analysis of costs and hospital days regarding breast reconstruction in Romania: one center's experience*. Al 10-lea Congres al Societății Mondiale de Microchirurgie Reconstructivă.

Cozma C, **Avino A**, Răducu L, Jecan CR. *Late free flap failure after forehead defect reconstruction*. Al 10-lea Congres al Societății Mondiale de Microchirurgie Reconstructivă.

Gheoca-Mutu DE, Dogaru IA, **Avino A**, Ursu ŢB, Filipoiu FM. *Contributions to the anatomical study of the supraorbital notch*. Al 10-lea Congres National al Societății Române de Anatomie.

Gheoca-Mutu DE, Raducu L, **Avino A**, Dogaru IA, Ursu B, Filipoiu FM. *Applied anatomy of the temporal region for injectable dermal fillers*. Al 10-lea Congres National al Societății Române de Anatomie

Avino A, Marina CN, Stefan CM, Jecan CR, Răducu L. *A rare case of metastatic melanoma of unknown primary origin*. Al 11-lea Congres al Asociației Balcanice de Chirurgie Plastică

Avino A, Marina CN, Răducu L, Jecan CR. *Misleading clinical diagnosis of synovial chondromatosis of the first metacarpophalangeal joint*. Al 11-lea Congres al Asociației Balcanice de Chirurgie Plastică

Avino A, Marina CN, Mehedintu-Ionescu M, Jecan CR, Răducu L. *Escherichia coli-induced necrotizing fasciitis of the right lower leg: a case report*. Al XVI-lea Congres al Asociației Chirurgilor Plasticieni din România.

Avino A, Marina CN, Gheoca-Mutu DE, Răducu L, Jecan CR. *Multidisciplinary Approach in a Patient with Thoracic Outlet Syndrome – a case report*. Al XVI-lea Congres al Asociației Chirurgilor Plasticieni din România.

Avino A, Mehedintu-Ionescu M, Răducu L, Jecan CR. *Wartenberg's Syndrome in a Patient with Functional Hypertrophy of the Brachioradialis Muscles*. Al XVI-lea Congres al Asociației Chirurgilor Plasticieni din România.

Marina CN, **Avino A**, Gheoca-Mutu DE, Răducu L, Jecan CR. *Breast Reconstruction in Romania: One Centre's Experience*. Al XVI-lea Congres al Asociației Chirurgilor Plasticieni din România.

Gheoca-Mutu DE, **Avino A**, Marina CN, Jecan CR, Răducu L. *Undifferentiated Pleomorphic Sarcoma of the Forearm – case report and literature review*. Al XVI-lea Congres al Asociației Chirurgilor Plasticieni din România.

Cozma CN, Răducu L, **Avino A**, Balcangiu-Stroescu AE, Ionescu D, Jecan CR, Florescu IP. *Multidisciplinary management of diabetic foot patients*. 5th International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications.

Avino A, Răducu L, Jecan CR. *Osteoradionecrosis of the sternum following breast radiotherapy: a case report*. 9th Bozner Symposium of Plastic Surgery.

Avino A, Cozma CN, Răducu L, Jecan CR. *Multidisciplinary Management of Merkel Cell Carcinoma*. Al XV-lea Congres al Asociației Chirurgilor Plasticieni din România.

Cozma CN, Răducu L, **Avino A**, Neagu AC, Jecan CR. *Correct Treatment of Malign Melanoma: from surgical excision to Sentinel Lymph Node Biopsy*. Al XV-lea Congres al Asociației Chirurgilor Plasticieni din România.

Răducu L, Cozma CN, **Avino A**, Jecan CR. *Arteriovenous Fistulas: Plastic Surgeons Approach*. Al XV-lea Congres al Asociației Chirurgilor Plasticieni din România.

Avino A, Cozma CN, Răducu L, Jecan CR. *A case of synchronous cutaneous lymphoproliferative disease and breast cancer*. Congresul UMF "Carol Davila" (2018).

Răducu L, Cozma CN, **Avino A**, Jecan CR. *A case of giant Dermatofibrosarcoma protuberans*. Congresul UMF "Carol Davila" (2018).

Răducu L, Cozma CN, Mutu DE, **Avino A**, Jecan CR. *A case of synchronous tumors: Malignant melanoma, Hepatocellular carcinoma*. Congresul UMF "Carol Davila" (2018).

Cozma CN, Răducu L, **Avino A**, Sinescu RD, Jecan RC. *Estimation of health care system costs in treating non melanoma skin cancer*. Long oral presentation - European Plastic Surgery Research Council (2017).

Cozma CN, Răducu L, Savu TC, **Avino A**, Jecan CR. *Discovering of the antiphospholipid syndrome in a young patient with leg ulcerations*. Congress of the University of Medicine and Pharmacy "Carol Davila".

Cozma CN, Răducu L, **Avino A**, Savu TC, Jecan CR. *A rare case of a clitoral carcinoma*. Congress of the University of Medicine and Pharmacy "Carol Davila".

Răducu L, Cozma CN, **Avino A**, Savu TC, Jecan RC. *Lower lip reconstruction after squamous cell carcinoma excision: series of cases*. Congress of the University of Medicine and Pharmacy "Carol Davila".

Răducu, Cozma CN, Savu TC, **Avino A**, Jecan RC. *Total lower eyelid reconstruction after excision of an invasive basal cell carcinoma: case report*. Congress of the University of Medicine and Pharmacy "Carol Davila"

Conferințe

Virtual Plastic Surgery The Meeting 2020, SUA, October 2020
Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania, November 2020;
Plastic Surgery & Corrective Dermatology Conference, Timisoara, Romania, October 2019;
Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania, October 2019;
10th Congress of World Society for Reconstructive Microsurgery, Bologna, Italy, June 2019;
4th National Congress of AICPEO, Naples, Italy, May 2019;
11th Congress of the Balkan Association of the Plastic, Reconstructive and Aesthetic Surgery, Cluj-Napoca, Romania, May 2019;
XVth Congress of the Romanian Association of Plastic Surgeons, Bucharest, Romania, April 2019;
5th International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications, Bucharest, Romania, March 2019;
9th Bozner Symposium of Plastic Surgery, Bozen, Italy, January 2019;
ESPRAS Congress, Limassol, Cyprus, October 2018;
Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania, June 2018;
XVth Congress of the Romanian Association of Plastic Surgeons, Bucharest, Romania, May 2018;
XIIth Congress of the Romanian Aesthetic Surgery Society, Bucharest, Romania, May 2018;
XXth Meeting of the Euro Mediterranean Burs Council, Bucharest, Romania, May 2018;
4th International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications, Bucharest, Romania, March 2018;
IDiabet Conference, Bucharest, Romania, April 2018;
EASAPS Congress, Bucharest, Romania, October 2017;
Romanian Aesthetic Surgery Society National Conference, Poiana Brasov, Romania, June 2017;
Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania, May 2017;
XIth National Congress of the Romanian Society for Surgery of the Hand, Cluj-Napoca, Romania, April 2017;
XIIth National Congress of the Romanian Society for Reconstructive Microsurgery, Cluj-Napoca, Romania, April 2017;
The National Conference of the Romanian Association of Plastic Surgeons, Cluj-Napoca, Romania, April 2017.

Seminarii/Cursuri

AOCMF Course Aesthetic and Functional Surgery of the Face and Neck, Vienna, 10th- 11th October 2019;
Allergan Medical Institute Training - The Power of Emotions, 14th September 2019;
ISAPS Course, Bucharest, 5th October 2017;
Summer School for Residents in Plastic Surgery, Poiana Brasov, 21th June 2017;
ISAPS Teaching Course, Poiana Brasov, 23rd-24th June 2017.

Distincții

2020: Young Investigator Award – Virtual Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania
2019: Best Presentation Award at 9th Bozner Symposium of Plastic Surgery
2019: Certificate of Excellence – Young Investigator Award – Congress of the University of Medicine and Pharmacy "Carol Davila", Bucharest, Romania