



Iustina Cosmina Mogos

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EXPERIENTA PROFESIONALA:

Medic primar endocrinolog

01.012023-PREZENT

Ambulatoriului Integrat al Spitalului "Agrippa Ionescu", Bucuresti

Medic specialist/primar endocrinolog

15.12.2016-31.12.2022

CMDT Roma, Bucuresti

01.03.2016- 1.12.2016

Sanamed Hospital, Bucuresti

Medic nutritionist/endocrinolog

01.01.2013 – 1.07.2017 si 01/01/2023-prezent

KINETO MEDICAL HEALTH, Bucuresti

01.04.2016- 1.06.2017

NUTRISLIM, Bucuresti

Medic rezident endocrinolog

03.01.2012 – 31.01.2016

Institutul National de Endocrinologie " C.I. Parhon", Bucuresti

Medic rezident diabet, nutritie si boli metabolice

15.07.2016 – 04.2018

**Institutul national de diabet, nutritie si boli metabolice "N. Paulescu",
Bucuresti**

EDUCATIE:

Studii:

2001-2005: Colegiul National "Gheorghe Lazar" Bucuresti
2005-2011: UMF "Carol Davila", Bucuresti
2011-2016: Rezidentiat in endocrinologie Institutul National de Endocrinologie "C.I. Parhon", Bucuresti
2016 Examen Medic Specialist Endocrinologie
2016-2018: Rezidentiat in Diabet zaharat, nutritie si boli metabolice Institutul National de Diabet, Nutritie si Boli metabolice "N. Paulescu", Bucuresti
2018 Examen Medic Specialist Diabet zaharat, nutritie si boli metabolice
2022 Examen Medic Primar Endocrinologie
2022 Doctorand in Medicina in cadrul UMF "Carol Davila" Bucuresti in domeniul Endocrinologie

Limbi straine (scris/vorbit/citit):

Franceza (avansat/avansat/avansat)
Engleza (avansat/avansat/avansat)
Germana (incepator/incepator/incepator)

Lucrari stiintifice

2007 august -, „Depression at Hepatitis C patients treated with Interferon-a natural consequence of immune alienation” at The First Conference of The Central and Eastern European Society of Behavioural Medicine, Pecs, Hungary

2009 mai-co autor la TROMBOPHILIC LABORATORY PROFILE IN PATIENTS WITH PULMONARY THROMBOEMBOLISM. The 8th Congress of the European Federation of Internal Medicine, Istanbul

2011 septembrie- Clinical, imaging and oligoclonal bands features in clinically isolated syndrome suggestive for multiple sclerosis. The 24th European College of Neuropsychopharmacology Congress, Paris

2013, aprilie-Limfom tiroidian -Imagini in Endocrinologie, The International Journal of the Romanian Society of Endocrinology

2013, iunie -Amenoreea in sindromul Cushing. Al VII-lea congres al Societatii romane de ginecologie endocrinologica, Sinaia

2014, mai, -The study of hypoglycemic events at the diabetic patients

Poster, Al 40^{lea} Congres National al Societatii Romane de Diabet, Nutritie si Boli Metabolice

2014, Mai, -TSH and diabetic retinopathy-is there a connection between

the two? – poster Poster, Al 40^{lea} Congres National al Societatii Romane de Diabet, Nutritie si Boli Metabolice

2014, Octombrie – Premiul tanarului cercetator – OVERALL SURVIVAL OF PATIENTS WITH AGGRESSIVE THYROID CANCER ON FINE-NEEDLE ASPIRATION BIOPSY EXAMINATION.A TERTIARY ROMANIAN CENTER EXPERIENCE poster, - Al XXII lea Congres SRE

2014, Noiembrie- Prezentare orala- “An atypical Pheochromocytoma

Case”- 15th Postgraduate Training Course on Endocrinology, Diabetes and Metabolism

2015, Septembrie, articol publicat ca prim autor -Overall Survival of Patients with Aggressive Thyroid Cancer on Fine-Needle Aspiration Biopsy Examination. A Tertiary Romanian Center Experience-Iustina Cosmina MOGOS; Dan Alexandru NICULESCU; Dumitru IOACHIM; Radu IORGULESCU; Catalina POIANA, MAEDICA – a Journal of Clinical Medicine, 2015; 10(3): 221-225

2016, Aprilie - Prezentare orala “Boala metabolica osoasa la pacientii diabetici” Diabetes Mellitus Multidisciplinary Approach –Sanamed Research and Medical Development Association, Bucuresti

2016, Noiembrie Prezentare orala “Obezitatea de cauza endocrina” Diabetes Mellitus Multidisciplinary Approach –iDiabet, Sanamed Research and Medical Development Association, Bucharest

2017, Mai Forma atipica de boala Madelung cu aspect ginoid la barbat -Poster Al 43^{lea} Congres National al Societatii Romane de Diabet, Nutritie si Boli Metabolice

2017, Mai Evolutia diabetului zaharat tip 2 la un pacient cu panhipopituitarism secundar unui craniofaringiom-Poster Al 43^{lea} Congres National al Societatii Romane de Diabet, Nutritie si Boli Metabolice

2019, Mai A case of benign hypocalciuric hypercalcemia in a HLA B 27 positive ankylosing spondylitis patient- prezentare poster la European Congress of Endocrinology ECE 2019

2019, Mai An uncommon debut of Graves disease with bilateral gynecomastia: case report - prezentare poster la European Congress of Endocrinology ECE 2019

2020, May Dabigatran-Induced Pituitary Apoplexy in young patient: A Case Report Mogos IC, Mitescu A, Tulin R- prezentare poster la European Congress of Endocrinology ECE 2020

2022, Challenges in utilization of Osteoporosis Healthcare Services during Covid-19 pandemic in Romania – a Nationwide population study – Argesanu R.D, Armean P., Georgescu D., Mogos I.C., Brinduse L.A., Bratu E.C., Cucu A.M., iunie 2022 Maedica– a Journal of Clinical Medicine, 2022

Permise

Permis de exercitare in domeniul nuclear Rontgendiagnostic nivelul 2 22/02/2022-22/02/2027

Cursuri

2012, februarie -Certified Clinical Densitometrist-The international Society for Clinical Densitometry, Bucuresti

2012, martie -Pituitary Academy-Masterclass on acromegaly and Cushing’s disease, Bucharest

2012, iulie- „Scoala de vara in endocrinologie-Actualitati in managementul acromegaliei si al tumorilor neuroendocrine”, Sibiu

2012, septembrie- Curs „Infertilitatea de cauza endocrina”, Societatea Romana de Endocrinologie, Sinaia

2013, ianuarie-Cursul National de Management al bolnavului hipertensiv. Actualitati in diagnostic si tratament, Bucuresti

2013, iulie-Osteoporosis: Essentials of Densitometry, Diagnosis and Management, An International Course of IOF and ISCD, Bucuresti

2013, Decembrie – Curs de obezitate infantila, SUU Elias, Bucuresti

2014, Septembrie - Basic thyroid course, The 38th Annual Meeting of the European Thyroid Association, Santiago de Compostella

2014, Octombrie- Curs hipertensiune secundara al Societatii Romane de Endocrinologie

2014, Noiembrie - 15th Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, Cluj

2015, Martie- Osteoporosis Essentials. Densitometry, Diagnosis and Management- Technologist Track (Curs international IOF si ISCD), Bucuresti

2015, Iunie- Investigatii in Endocrinologie, Curs SRE

2016, Aprilie-Mai- Short Term Fellowship sponsorizat de Societatea Europeana de Endocrinologie Centre Hospitalier Universitaire Vaudois, Lausanne

- 2016, Noiembrie - 6th EASD NC Paulescu Postgraduate Course on Clinical Diabetes and it's Complications, Bucuresti
- 2017, Mai – Cardioendocrinologie Institutul Parhon, Bucuresti
- 2018, Ianuarie – Advanced Course Endocrine Neck Ultrasound-Assisted procedures, Bucuresti
- 2019, Februarie -Radioprotectia in procedure de diagnostic, Bucuresti
- 2019, Februarie - Osteoporosis: Essentials of Densitometry, Diagnosis and Management, An International Course of IOF and ISCD, Bucuresti
- 2019, Octombrie- Curs Calciul si Vitamina D
- 2022, Aprilie- Sexologie modulul 1, Institutul “CI Parhon” Bucuresti
- 2022, Iunie- Curs precongres al Societatii Romane de Endocrinologie
- 2022, Noiembrie- Sexologie modulul 2, Institutul “CI Parhon” Bucuresti
- 2023, Martie Diabetul zaharat la categorii special de pacienti curs online
- 2023, Ianuarie Menopauza si alternative terapeutice curs online (07.2022-01.2023)

Participari la manifestari stiintifice

- 2012, Februarie -Certified Clinical Densitometrist-The international Society for Clinical Densitometry, Bucharest
- 2012, Martie -Pituitary Academy-Masterclass on acromegaly and Cushing’s disease, Bucharest
- 2012, iulie- „Scoala de vara in endocrinologie-Actualitati in managementul acromegaliei si al tumorilor neuroendocrine”, Sibiu
- 2012, Septembrie- Curs „Infertilitatea de cauza endocrina”, Societatea Romana de Endocrinologie, Sinaia
- 2012, Septembrie- Congresul National al Societatii Romane de Endocrinologie cu participare internationala, editia XX, Sinaia
- 2012, Septembrie- Al VII-lea congres al Asociatiei de Endocrinologie Clinica din Romania, Bucuresti
- 2013, Ianuarie-Cursul National de Management al bolnavului hipertensiv. Actualitati in diagnostic si tratament, Bucuresti
- 2013, Iulie-Osteoporosis: Essentials of Densitometry, Diagnosis and Management, An International Course of IOF and ISCD, Bucuresti
- 2013, Octombrie- Patologia endocrina perinatala. Mama si copilul,” Zilele Zbranca” Bacau
- 2013, Octombrie-The third Conference of health through nourishment Bucharest
- 2013, Noiembrie- The IV-th Conference Of Dyslipidemia, Obesity and Metabolic Syndrome Management, Bucharest
- 2014, Februarie Conference of the days of National Diabetes Institute Prof Dr N Paulescu, Bucharest
- 2014, Februarie- News in thyroid cancer management , Bucharest
- 2014, Septembrie- The 38th Annual Meeting of the European Thyroid Association
- 2014, Noiembrie- 1st International Meeting of Diabetes and Bone, Rome
- 2014, Noiembrie -15th Postgraduate Training Course on Endocrinology, Diabetes and Metabolism, Cluj- Napoca, Comunicare orala- “An atypical Pheochromocytoma Case”-
- 2015, Martie- Interdiab 2015- National Conference of Interdisciplinary Management of Diabetes Mellitus and its Complications, Bucuresti
- 2015, Iunie Investigatii in Endocrinologie, Curs al Societății Române de Endocrinologie, Iasi
- 2015, Iunie 1st Regional AACE International Chapters Meeting, Bucuresti
- 2016, Octombrie Al XXIII-lea Congres al Societatii Romane de Endocrinologie, Iasi
- 2016, Aprilie - Diabetes Mellitus Multidisciplinary Approach –Sanamed Research and Medical Development Association, Bucuresti
- 2016, Aprilie- “Nodules et cancers differencies thyroïdiens”, Symposium Iemanique d’endocrinologie, Lausanne

2016, Mai- “Jahresversammlung SVGO-SBMS 2016/Update on Metabolic Bone Disease”, Schweizerische Vereinigung gegen die Osteoporose, Berna

2018, Iunie- Congresul Societatii Romane de Endocrinologie, Sibiu

2018, Octombrie -The IVth Congress of the royal physician’s club, Bucuresti

2019, Mai- The European Congress of Endocrinology ECE 2019, Lyon

2019, Mai- Zilele Spitalului clinic de Urgenta Prof Dr Agrippa Ionescu, Bucharest

2020, Mai- The European Congress of Endocrinology ECE 2020, online

2020, Iunie- Webinarul A VIII-a Conferință a Colegiului Medicilor din Municipiul București

2020, September- Webinarul al 46-lea Congres National al Societatii Romane de diabet, Nutritie si boli metabolice

2020, Noiembrie- Al 7-lea Congres National de Diabet ,Nutritie si Endocrinologie Pediatrica

2021, Martie - Endocrinologia abordare in era covid

2021, Aprilie - Webinarul A IX-a Conferinta a Colegiului Medicilor din Municipiul Bucuresti

2021, Iunie - Al 29-lea Congres National al Societatii Romane de Endocrinologie

2021, Octombrie Al 8-lea Congres National de Diabet, Nutritie si Endocrinologie Pediatrica cu participare internationala

2021, Decembrie Actualitati in Diabetologie- webinar

2022, Martie Alternative sigure si eficiente la tulburarile neurovegetative si psihosomatice ce apar in timpul menopauzei – webinar

2022, Aprilie A X a Conferinta a Colegiului Medicilor din Bucuresti

2022, Mai- The European Congress of Endocrinology ECE 2022, Milano

2022, Iunie Congresul National al Societatii Romane de Endocrinologie, Bucuresti

2022, Octombrie Nutritia clinica bazata pe dovezi- online

2023, Februarie Conferința Colegiului Medicilor din Municipiul Bucuresti online