



Claudiu Gabriel Ionescu

Site de internet: <https://www.researchgate.net/profile/Claudiu-Gabriel-Ionescu>

EXPERIENȚA PROFESIONALĂ

- [2024 – În curs] **Medic specialist Psihiatrie**
Spitalul Clinic de Urgență „Prof. Dr. Agrippa Ionescu”
Localitatea: Bucuresti | Țara: România
- [2023 – În curs] **Sef de Lucrari**
Catedra de Etica si Integritate Academica, Universitatea de Medicina si Farmacie „Carol Davila”
Localitatea: Bucuresti | Țara: România
- [2022 – 2024] **Medic specialist psihiatrie (Ord. MS nr.1602/10.06.2022)**
Spitalul Clinic de Psihiatrie „Prof. Dr. Alexandru Obregia”
Localitatea: Bucuresti | Țara: România
- [2022 – 2023] **Asistent universitar**
Catedra de Etica si Integritate Academica, Universitatea de Medicina si Farmacie „Carol Davila”
Localitatea: Bucuresti | Țara: România
- [2019 – 2022] **Asistent universitar**
Catedra de Psihologie Medicala, Universitatea de Medicina si Farmacie „Carol Davila”
Localitatea: Bucharest | Țara: România
- [2018 – 2019] **Asistent universtar (colaborator extern)**
Catedra de Fiziologie I, Universitatea de Medicina si Farmacie „Carol Davila”
Localitatea: Bucuresti | Țara: România
- [2017 – 2022] **Medic rezident psihiatrie**
Spitalul Clinic de Psihiatrie „Prof. Dr. Alexandru Obregia”
Localitatea: Bucuresti | Țara: România

EDUCAȚIE ȘI FORMARE PROFESIONALĂ

- [2023 – 2024] **Digital Ethics University Diploma**
University of Paris-Est Creteil
Localitatea: Paris | Țara: Franța
- [02/2024 – 06/2024] **University Diploma- Ethics of AI**
London School of Economics
Localitatea: London | Țara: Regatul Unit
- Trainer (Ministry of Work and Social Solidarity nr 40/5439/2023)**
Training Teaching Center
Localitatea: Bucharest | Țara: România
- [03/2023 – 04/2023] **Observership in Departamentul de Patologie Orala, Psihosomatica si Psiho-Geriatrie**

Universitatea „Federico II”

Localitatea: Napoli | Țara: Italia |

[2017 – 2022] **Doctor in Stiinte Medicale - Summa Cum Laudae**

Universitatea de Medicina si Farmacie „Carol Davila”

Localitatea: Bucuresti | Țara: România | Domeniul (domeniile) de studiu: Physiology |
Media finală/ Rezultatul final: Summa Cum Laudae (Ministry of Education no. 4185/04.07.2022)
| **Lucrarea de diplomă:** Correlation between sleep disorders and somatic complaints among patients with psychiatric illness

[2010 – 2016] **Doctor-medic**

Facultatea de Medicina Generala, Universitatea de Medicina si Farmacie „Carol Davila”

Localitatea: Bucharest | Țara: România |

General Medicine

Scholarship-4 out of 6 years

Final Grade-9,33

Graduated Position- 93/890

[2006 – 2010] **Elev**

Colegiul National Liceal „Zinca Golescu”

Adresă: Pitesti, Arges, Romania |

Nature Sciences-Chemistry/Biology Class

COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): română

Altă limbă (Alte limbi):

engleză

COMPREHENSIUNE ORALĂ B2 **CITIT** B2 **SCRIS** B2

EXPRIMARE SCRISĂ B2 **CONVERSAȚIE** B2

franceză

COMPREHENSIUNE ORALĂ B2 **CITIT** B2 **SCRIS** B1

EXPRIMARE SCRISĂ B2 **CONVERSAȚIE** B2

spaniolă

COMPREHENSIUNE ORALĂ B2 **CITIT** B2 **SCRIS** A2

EXPRIMARE SCRISĂ B1 **CONVERSAȚIE** B2

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

PUBLICAȚII

Articole

ISI-indexed articles (Hirsch Index-5, Citations Google Scholar-101)

1. **Ionescu, C.G.**, Ciuperca, E.M., Cotel, A. *et al.* Personal values clusters and their associations to social media behaviors and psychological well-being. *BMC Psychol* **12**, 545 (2024). <https://doi.org/10.1186/s40359-024-02046-4>
2. Licu, M., **Ionescu, C.G.**, & Golu, F.T. (2023). Emotional Regulation Strategies in Lynch Syndrome Diagnosis Psychological Adjustment – A Review. *Romanian Journal of Military Medicine*.
3. **Ionescu CG**, Licu M. Are TikTok Algorithms Influencing Users' Self-Perceived Identities and Personal Values? A Mini Review. *Social Sciences*. 2023; 12(8):465. <https://doi.org/10.3390/socsci12080465>
4. Licu, M.; **Ionescu, C.G.**; Paun, S. Quality of Life in Cancer Patients: The Modern Psycho-Oncologic Approach for Romania—A Review. *Curr. Oncol.* **2023**, *30*, 6964-6975. <https://doi.org/10.3390/curroncol30070504>
5. Licu, M.; **Ionescu, C.G.**; Suci, M.; Paun, S. Self-esteem, Self-efficacy and Smoking Prevalence: A Cross-sectional study among Military and Civilian Medical Students, *Romanian Military Medicine Journal*.vol. CXXVI,no.4/2023,502-511,doi: [10.55453/rjmm.2023.126.4.22](https://doi.org/10.55453/rjmm.2023.126.4.22)

6. Onu, I., Buculei, I. ., **Ionescu, C. G.** ., Stanca, D. N., Voicu, B., & Iordan, D.-A. . (2023). The Endocannabinoid System a Turning Point in Optimizing Physiotherapy Procedures in Knee Osteoarthritis. *BRAIN. Broad Research in Artificial Intelligence and Neuroscience*, 14(2), 303-320. <https://doi.org/10.18662/brain/14.2/456>
7. **Ionescu, C.G.**; Chendea, A.; Licu, M. Is Satisfaction with Online Learning Related to Depression, Anxiety, and Insomnia Symptoms? A Cross-Sectional Study on Medical Undergraduates in Romania. *Eur. J. Investig. Health Psychol. Educ.* **2023**, 13, 580-594. <https://doi.org/10.3390/ejihpe13030045>
8. **Ionescu C.**, Popa-Velea O., Mihăilescu A., Tălăşman A., Bădărău I., , „Somatic Symptoms and Sleep Disorders: A Literature Review of Their Relationship, Comorbidities and Treatment”, *Healthcare*, 9, 1128, **2021**, e-ISSN: 2227-9032, IF:2.64 <https://www.mdpi.com/journal/healthcare>
9. Popa-Velea O., **Ionescu C.**, Soare T., Zamfir A., Dobra A., Bobîrnac G., Spînu D., Gheorghe D., , „Associations between intimate partner violence, dysfunctional attachment style and alexithymia at women displaying somatoform disorders”, *Romanian Journal of Legal Medicine*, 28, 406-411, **2020**, e-ISSN 1844-8585, [Romanian Journal of Legal Medicine \(rjlm.ro\)](http://RomanianJournalofLegalMedicine.rjlm.ro)
10. Popa-Velea O., Pristavu C., **Ionescu C.**, Mihăilescu A., Diaconescu L., , „Teaching Style, Coping Strategies, Stress and Social Support: Associations to the Medical Students’ Perception of Learning during the SARS-CoV-2 Pandemic”, *Education Sciences*, 11, 414, **2021**, e-ISSN: 2227-7102, IF: 2.15 <https://www.mdpi.com/journal/education>

BDI-indexed articles

1. Licu M., **Ionescu C.**, Paun S., „Active learning and a good relationship with students-the foundations of facilitating learning”, *Euromentor*, vol.13, issue 4, p.45-57, 2022, https://euromentor.ucdc.ro/EUROMENTOR_DECEMBER_2022.pdf
2. **Ionescu C.**, Talaşman A., , „Somatization disorder and the issue of stigmatization among psychiatric patients”, *Romanian Journal of Psychiatry*, 2, p.99-102, 2019, e-ISSN: 2068-7176, <http://www.romjpsychiat.ro/>
3. **Ionescu C.**, Talaşman A., Bădărău I., , „Somatization and sleep quality on patients with commorbid anxiety/depression”, *Maedica-A Journal of Clinical Medicine*, (16) 2, p.11-19,2021, e-ISSN: 2069-6116, [MÆDICA – a Journal of Clinical Medicine – a Journal of Clinical Medicine \(maedica.ro\)](http://MÆDICA-aJournalofClinicalMedicine-aJournalofClinicalMedicine(maedica.ro))
4. Talaşman A., **Ionescu C.**, Manea M., Tuţă S. ., Somatic delusional disorder in a patient with idiopathic normal pressure hydrocephalus”, *Romanian Journal of Psychiatry*, 1, p.98-104, 2020, e-ISSN: 2068-7176 <https://www.romjpsychiat.ro/>
5. Talaşman A., **Ionescu C.**, Tudose C., „Factorii psihopatologici si afecţiunile dermatologice cronice. Perspectiva psihiatrului”, *Medica Academica*,5-8, Supliment Septembrie, 2019, e-ISSN: 2068-1747, <https://medicaacademica.ro/>

Carti

1. Popa-Velea O., Diaconescu L., Mihăilescu A., Jidveian Popescu M., Truţescu C.,. **Ionescu C.**, Stan S., Pană M., Capitolul „Psychological correlations of pain”,*Health Psychology and Medical Communication*", Carol Davila University Press, Bucuresti, **2020**, ISBN: 978-606-011-158-0
2. **Ionescu C.**, „Ce am când nu am nimic-scurt ghid al somatizărilor”, Editura Trialog, Piteşti, **2021**, ISBN: 978-973-0-35129-3
3. Licu M., **Ionescu C.**, Paun S., , „ Etica si integritate academica-note de curs vol.1” Carol Davila University Press, Bucuresti, **2022**, ISBN: 978-626-011-148-3
4. Licu M., Nitipir C., Stoica L., **Ionescu C.G.**, „Psiho-Oncologie-standard obligatoriu in abordarea cancerului”, Editura Universitara „Carol Davila”, **2023**, Bucuresti, ISBN: 978-606-011-252-5
5. Rad, D., Licu, M., Golu, F. (2024). *Guidelines for Assessment in Psycho- oncology*. Berlin, Germany: Peter Lang Verlag. Retrieved Oct 9, 2024, from 10.3726/b21865- capitol

REȚELE ȘI AFILIERI

Membru

- [2017 – În curs] **European Association of Psychosomatic Medicine**
- [2018 – În curs] **Romanian Association of Psychiatry and Psychotherapy**
- [2019 – În curs] **Neuroscience Education Institute** USA
- [2022 – În curs] **International Psycho-Oncology Society**

PERMIS DE CONDUCERE

Autoturism: B

CONFERINȚE ȘI SEMINARE

- [2023] **Workshop- „Cyberaddiction-psychiatric and ethical approaches”- International Medical Students Congress, 2023**
Bucharest
- [2022] **Seminar- „Psychiatric approach in Psycho-Oncology”- „Restart la viata” Oncologic Patients Association, Psycho-Oncology Course Certification for Psychologists**
Bucharest, Romania
- [2022] **Workshop- „Psychiatric approach of Oncology patients- Oncology residents training programme”, „Restart la viata” Oncology patients association, Elias Emergency Hospital, 2022**
Bucharest, Romania
- [2022] **Workshop- „Psychological approach of medical communication”- International Medical Students Congress, 2022**
Bucharest, Romania
- [2022] **Workshop- „ Cognitive biases of doctors”- Zilele Educatiei Medicale, 2022** Bucharest, Romania
- [2021] **Workshop- „Somatization disorder- a multidisciplinary approach”- Zilele Educatiei Medicale, 2021**
Bucharest, Romania

PROIECTE

- [2020 – 2022] **Mentorat academic**
Official Mentor and Academic Tutor of First-year Medical Students in „Carol Davila” University of Medicine and Pharmacy, Faculty of Medicine-Seria nr.4 (2020-2021)
Official Mentor and Academic Tutor of First-year Medical Students in „Carol Davila” University of Medicine and Pharmacy, Faculty of Medicine-Seria nr.4 (2021-2022)
- Protocoale clinice si terapeutice**
„ Protocolul terapeutic si de abordare al bulimiei nervoase”, Ana A. Talasman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest
„ Protocolul terapeutic si de abordare al anorexiei nervoase”, Ana A. Talasman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest

DISTINȚII ONORIFICE ȘI PREMII

- [06/2023] **EAPM Conference Award (Wroclaw, Polonia) Instituția emitentă:** European Association of Psychosomatic Medicine
- [06/2023] **Premiul III (Comunicari Orale) CNP 2023 Instituția emitentă:** Asociația Română de Psihiatrie și Psihoterapie
pentru lucrarea „Somatizarea în Burning mouth syndrome- primul studiu transversal din România”

- e-Poster „Impactul pandemiei COVID-19 asupra aparținătorilor persoanelor cu demență Alzheimer” **Claudiu Gabriel Ionescu**, Anca Talașman, v- CNAIz, 2021, Bucharest, Romania

HOBBY-URI ȘI TEME DE INTERES

Ciclism

Fotografie

Lectura

COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

Competențe de comunicare și interpersonale

excellent communication skills

critical thinker with effective researching skills

flexible team player leadership skills developed through work experience

APTITUDINI LEGATE DE LOCUL DE MUNCĂ

Aptitudini legate de locul de muncă

Specialist doctor-training in the field of Psychiatry and Psychotherapy, with special interests in psychosomatic disorders, cluster B personality disorder and suicidal prevention

PhD Student-preparing a scientific research project

Teaching assistant- teaching classes among English and Romanian 1st and 2nd year students
Module in the field of Medical Psychology and Behavioural Sciences, Medical Ethics and Academic Integrity

CURSURI

[2023] **Curs**

1. „Depression. Practical aspects and therapeutic novelties”, Inomedica,, 2019
2. Keeping up With the Clinical Advances: Schizophrenia, Neuroscience Education Institute, 2019
3. Burnout Syndrome, Inomedica, 2020
4. Masterclass-Diagnosis in Psychosomatic Medicine-Prof. Dr. Fiammetta Cosci-EAPM-2023
5. Masterclass- Guidelines in Somatic Symptoms- Prof. Bernd Lowe- EAPM 2024

PREZENTARI

Oral Presentations and Posters

NATIONAL

1. **Ionescu C.** „Somatizarea si tulburarile hipnice”, Zilele Obregiei, **2023**, Bucharest, Romania
2. **Ionescu C.** „Somatizarea in BMS-primul studiu transversal din Romania”, Congresul National de Psihiatrie, **2023**, Bucharest, Romania
3. **Ionescu C.** „ Psychiatric approach in Psycho-Oncology patients”, Carol Davila University Annual Congress, **2022**, Bucharest, Romania
4. **Ionescu C.** „Psychopharmacological approach of Psycho-Oncology patients”, Psycho-Oncology National Conference, **2022**, Cluj-Napoca, Romania
5. **Ionescu C.**, Psychopatological aspects and adaptation in somatization- Romanian Oral Pathology Society Annual Meeting, **2022**, Bucuresti, Romania
6. **Ionescu C.**, Talașman A., „Somatization in the time of COVID-19- a review on its prevalence, diagnosis and approach”, v- *Congresul National de Psihiatrie*, **2021**, Cluj-Napoca, Romania

7. **Ionescu C.**, Talaşman A. „Impactul pandemiei COVID-19 asupra aparținătorilor persoanelor cu demență Alzheimer”, *v-Congresul National Alzheimer*, **2021**, București, Romania
8. **Ionescu C.**, Mihăilescu A., „Somatization disorder-a multidisciplinary approach”, *Zilele Educației Medicale*, **2021**, București, Romania

INTERNATIONAL

1. **Ionescu C.** „Somatization in Burning Mouth Syndrome-a cross-sectional study in Romania”, oral presentation, European Association of Psychosomatic Medicine Conference, **2023**, Wroclaw, Poland
2. **Ionescu C.**, Licu M., Parlatescu I., Tovar S. „Burning Mouth Syndrome- a multidisciplinary approach”, poster, European Association of Psychosomatic Medicine Conference, **2023**, Wroclaw, Poland
3. Licu M., Suci M., **Ionescu C.** „Les etudiants en medecine ont il un probleme de tabagisme? Comment cela affecte-t-il leur performance academiques?”, Congress de l'Association Francophone de Psychologie de la Sante, **2023**, Montpellier, France
4. **Ionescu C.**, Spiller R.T., Popa-Velea O., „Understanding the psychological impact of e-learning during the COVID-19 pandemic among medical students”, European Association of Psychosomatic Medicine, **2022**, Wien, Austria
5. **Ionescu C.**, Popa-Velea O., „Sleep disorders and theri correlation with psychiatric comorbidity in patients with somatic symptoms disoder: a cross-sectional study”, *International Congress of Behavioural Medicine*, **2021** ISI-indexed proceedings, Glasgow, United Kingdom
6. **Ionescu CG**, Adriana Cotel, Monica Licu, Education, explanatory models and attitudes towards Functional Somatic Symptoms among healthcare professionals (HCSPs) in Romania. An explorative cross-sectional study, *Journal of Psychosomatic Research*, Volume 181, **2024**, 111738, ISSN 0022-3999 <https://doi.org/10.1016/j.jpsychores.2024.111738>.
7. **Ionescu CG**, Lidia Stoica, Adriana Cotel, Monica Licu, Mental adaptation to cancer mechanisms as predictors of somatization and its impact- a survivor population survey as part of the Psycho-Oncologic multidisciplinary approach, *Journal of Psychosomatic Research*, Volume 181, **2024**, 111739, ISSN 0022-3999, <https://doi.org/10.1016/j.jpsychores.2024.111739>